

# Our HSEEQ Training Programs Internationally Accredited Courses

Sr#	Qualification/Course Title	Awarding Body	Duration (Days)	
Oil c	Oil and Gas Safety			
01	International Technical Certificate in Oil & Gas Operational Safety (ITC/IOGC)	NEBOSH, UK	05	
Occ	upational Health & Safety			
02	International General Certificate in OH & S (IGC)	NEBOSH, UK	10	
03	Managing Safely (Version 5.0)	IOSH, UK	03	
04	Level 4 Award in Health & Safety in the Workplace	Highfield, UK	04	
05	Level 3 Award in Health & Safety in the Workplace	Highfield, UK	02	
06	Level 2 Award in Health & Safety in the Workplace	Highfield, UK	01	
07	Level 1 Award in Health & Safety in the Workplace	Highfield, UK	01	
Risk	Assessment			
08	Level 3 Award in Risk Assessment	Highfield, UK	03	
09	Level 2 Award in Risk Assessment	Highfield, UK	02	
Educ	cation/Training (Train the Trainer)			
10	Level 3 International Award in Delivering Training	Highfield, UK	03	
Envi	onmental Management			
11	Certified ISO 14001 Environmental Management – Foundation	PECB, Canada	02	
12	Certified ISO 14001 Environmental Management - Lead Auditor	PECB, Canada	05	
13	Certified ISO 14001 Environmental Management - Lead Implementer	PECB, Canada	05	
14	Certified Lead Auditor ISO 14001:2015	IRCA, UK	05	
Осс	Occupational Health and Safety Management System			



	value-adding Services		
15	Certified ISO 45001 Occupational Health and Safety Management System - Foundation	PECB, Canada	02
16	Certified ISO 45001 Occupational Health and Safety Management System - Lead Auditor	PECB, Canada	05
17	Certified ISO 45001 Occupational Health and Safety Management System - Lead Implementer	PECB, Canada	05
18	Certified Lead Auditor ISO 45001	IRCA, UK	05
Food	d Safety Management		
19	Certified ISO 22000 Food Safety Management - Foundation	PECB, Canada	02
20	Certified ISO 22000 Food Safety Management - Lead Auditor	PECB, Canada	05
21	Certified ISO 22000 Food Safety Management - Lead Implementer	PECB, Canada	05
Qua	lity Management System		
22	Certified ISO 9001 Quality Management Systems – Foundation	PECB, Canada	02
23	Certified ISO 9001 Quality Management Systems - Lead Auditor	PECB, Canada	05
24	Certified ISO 9001 Quality Management Systems - Lead Implementer	PECB, Canada	05
25	Certified Lead Auditor ISO 9001:2015	IRCA, UK	05
Qua	ntitative Methods in Process Improvement		
26	Certified ISO 13053 Quantitative Methods in Process Improvement - Foundation	PECB, Canada	02
27	Certified ISO 13053 Quantitative Methods in Process Improvement - Lead Auditor	PECB, Canada	05
28	Certified ISO 13053 Quantitative Methods in Process Improvement - Lead Implementer	PECB, Canada	05
Labo	oratory Management System		
29	Certified ISO 17025 Laboratory Management System - Foundation	PECB, Canada	02
30	Certified ISO 17025 Laboratory Management System - Lead Auditor	PECB, Canada	05
31	Certified ISO 17025 Laboratory Management System - Lead Implementer	PECB, Canada	05



	value-adding services		
Proje	ect Management		
32	Certified ISO 21500 Guidance On Project Management - Foundation	PECB, Canada	02
33	Certified ISO 21500 Guidance On Project Management - Lead Auditor	PECB, Canada	05
34	Certified ISO 21500 Guidance On Project Management - Lead Implementer	PECB, Canada	05
QMS	of Petroleum, Petrochemical and Natural Gas Industries		
35	Certified ISO 29001 QMS of Petroleum, Petrochemical and Natural Gas Industries - Foundation	PECB, Canada	02
36	Certified ISO 29001 QMS of Petroleum, Petrochemical and Natural Gas Industries - Lead Auditor	PECB, Canada	05
37	Certified ISO 29001 QMS of Petroleum, Petrochemical and Natural Gas Industries - Lead Implementer	PECB, Canada	05
Risk	Management		
38	Certified ISO 31000 Risk Management Elements of an ISMS	PECB, Canada	02
39	Certified ISO 27005 Risk Assessment and Optimal Risk Management in Information Security	PECB, Canada	02
Roa	d Traffic Safety		
40	Certified ISO 39001 Road Traffic Safety - Foundation	PECB, Canada	02
41	Certified ISO 39001 Road Traffic Safety - Lead Auditor	PECB, Canada	05
42	Certified ISO 39001 Road Traffic Safety - Lead Implementer	PECB, Canada	05
Ener	Energy Management System		
43	Certified ISO 50001 Energy Management Systems - Foundation	PECB, Canada	02
44	Certified ISO 50001 Energy Management Systems - Lead Auditor	PECB, Canada	05
45	Certified ISO 50001 Energy Management Systems - Lead Implementer	PECB, Canada	05
46	Certified Lead Auditor ISO 50001:2011	IRCA, UK	05
Infor	mation Security Management		



47	Certified ISO 27001 Information Security Management - Foundation	PECB, Canada	02
48	Certified ISO 27001 Information Security Management - Lead Auditor	PECB, Canada	05
49	Certified ISO 27001 Information Security Management - Lead Implementer	PECB, Canada	05
Seci	urity Management Systems		
50	Certified ISO 28000 Security Management Systems - Foundation	PECB, Canada	02
51	Certified ISO 28000 Security Management Systems - Lead Auditor	PECB, Canada	05
52	Certified ISO 28000 Security Management Systems - Lead Implementer	PECB, Canada	05
Fire	Safety		
53	Level 2 International Award in Fire Safety	Highfield, UK	01
54	Level 1 International Award in Fire Safety	Highfield, UK	01
First	Aid		
55	Level 3 Award in First Aid at Work	Highfield, UK	03
56	Level 3 Award in First Aid Response	Highfield, UK	03
57	Level 2 International Award in Emergency First Aid at Work	Highfield, UK	01
Scaf	folding Safety		
58	Level 4 Scaffolding Safety (Erection, Dismantling and Inspection)	Highfield, UK	02
Hyd	rogen Sulphide Safety (H <sub>2</sub> S)		
59	Hydrogen Sulphide Safety and SCBA	Highfield, UK	01
Incid	Incident Investigation		
60	Level 2 Award in Incident Investigation, Root Cause Analysis and Formal Reporting	Highfield, UK	01
Worl	Work at Height		
61	Level 2 International Award in Work at Height	Highfield, UK	01
Secu	Security Guarding		



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62	Level 2 Award in Security Guarding	Highfield, UK	01
Man	Manual Handling		
63	Level 2 Award in Safe Moving and Handling	Highfield, UK	02
64	Level 2 Award in Moving People Safely	Highfield, UK	02
Infec	ction Control		
65	Level 2 Award in Infection Control	Highfield, UK	01
cos	HH (Control of Substances Hazardous to Health)		
66	Control of Substances Hazardous to Health	IIRSM, UK	02
67	Level 2 Award in the Control of Substances Hazardous to Health	Highfield, UK	01
НАС	CP (Hazard Analysis Critical Control Point)		
68	Level 3 Award in HACCP for Food Manufacturing	Highfield, UK	02
69	Level 2 Award in HACCP for Manufacturing	Highfield, UK	02
Conf	flict Management		
70	Level 2 Award in Conflict Management	Highfield, UK	01
Cust	omer Service		
71	HABC Level 2 Award in Customer Service	Highfield, UK	01
Audi	iting		
72	Level 3 Award in Effective Auditing and Inspection	Highfield, UK	03
Proc	Process Safety		
73	Process Safety Management (PSM)	IIRSM, UK	03
HAZ	HAZOP		
74	Hazop Leadership	IIRSM, UK	02
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#### **Non-Accredit Courses**

Sr#	Qualification/Course Title	Duration (Days)
1	Introduction to Environmental Management System ISO 14001:2004	01
2	Implementation of Environmental Management System ISO 14001:2004	02
3	Internal Auditing of Environmental Management System ISO 14001:2004	02
4	Introduction to Quality Management System ISO 9001:2008	01
5	Implementation of Quality Management System ISO 9001:2008	02
6	Internal Auditing of Quality Management System ISO 9001:2008	03
7	Introduction to Health & Safety Management System OHSAS 18001:2007	01
8	Implementation of Health & Safety Management System OHSAS 18001:2007	02
9	Internal Auditing of Health & Safety Management System OHSAS 18001:2007	03
10	Introduction to Energy Management System ISO 50001:2011	01
11	Implementation of Energy Management System ISO 50001:2011	02
12	Internal Auditing of Energy Management System ISO 50001:2011	03
13	Introduction to Integrated Management System (QHSE)	02
14	Implementation of Integrated Management System (QHSE)	03
15	Internal Auditing of Integrated Management System (QHSE)	03
16	HSE Legal Requirements in Pakistan	01
17	HSE Hazard Identification & Risk Assessment	02
18	Risk Assessments (Fire, OHS)	01
19	Risk Management (ISO 31000)	02
20	Job Hazard Analysis (OSHA3071)	01



21	Induction / Orientation For New And Existing Employees	01
22	HSE Management for Managers (HSG65)	01
23	HSE Management for Contractors/Suppliers (HSG 159)	01
24	Involving Workforce in health and Safety (HSG263)	01
25	Reducing Error and Influencing Behavior (HSG 48)	01
26	People Based Safety and Behavior Risk Assessment	01
27	Improving Human Error in Maintenance (HSG)	01
28	Stress Management (HSG 218)	01
29	Forklift Safety(29 CFR 1910.178) (HSG L117)	01
30	Lift Trucks in Flammable Atmospheres (HSG113)	01
31	Safety in Crane and Lifting Operations (29 CFR 1926.1417)	01
32	Crawler locomotive and truck cranes (29 CFR 1910.180)	01
33	Overhead and Gantry Cranes (29 CFR 1910.179)	01
34	Sling Safety (OSHA3072)	01
35	Driving Safety/Defensive Driving	01
36	Fleet Safety management (OSHA)	01
37	Workplace Transport Safety (HSG136)	01
38	Safety in Cargo Transport by Sea (HSG78)	01
39	Land Transportation Safety (OGP RP365)	01
40	Roof Work Safety (HSG33)	01
41	Scaffolding Safety (OSHA3150) (29 CFR 1910.28)	01
42	Office Safety	01
43	Design and construction requirement of Exit Routes and Emergency doors (NFPA 101) ((29 CFR 1910.36)	01



	value-adding Services	
44	Health Surveillances in Workplaces (HSG61)	01
45	Workplace Ergonomics and Seating at Work (HSG57)	01
46	Workplace Ergonomics and Upper Limb Disorders (HSG60)	01
47	Manual Handling (HSG 115)	01
48	Lighting at Work (HSG38)	01
49	Noise Management29 CFR 1910.95 / Hearing Conservation (OSHA3074)	01
50	Controlling Airborne Chemicals (HSG258)	01
51	Vibration Hazards and Controls (HSG 170)	01
52	Permit to Work System (HSG 250)	01
53	Emergency Planning for Major Accidents (HSG 191)	01
54	Workplace Emergencies and Evacuations (OSHA3088)	01
55	Emergency Response and Preparedness (OSHA3122)	01
56	Emergency Action Plans (OSHA)	01
57	Hazardous Waste Operations and Emergency Response (29 CFR 1910.120)	01
58	Fire Prevention Plans (OSHA)	01
59	Fire Prevention During Welding, Cutting, and Other Hot Work (NFPA 51B)	01
60	Selection and Installation of Portable Fire Extinguishers (NFPA 10)	01
61	Accident Investigation (HSG 245)	01
62	Fire and Explosion Investigations (NFPA 921)	01
63	Chemicals Safety and COSHH Assessment (HSG97)	01
64	Chemical Hazcom (OSHA3084)	01
65	HAZCOM (Hazard Communication) for General Industry (29CFR1910.1200)	01



	value-adding services	
66	Identification, Labeling and Handling of Combustible Substances (HSG131)	01
67	Safe Use and Handling of Flammable Liquids (HSG140)	01
68	Storage of Flammable Liquids in Tanks (HSG176)	01
69	Chemical Warehousing (HSG 71)	01
70	Hand and Power Tools (OSHA 3080)	01
71	Hot work safety (welding cutting) HSG139	01
72	Abrasive Wheel Safety (HSG17)	01
73	Excavation Safety (HSG47 / OSHA 2226)	01
74	Electrical Safety (HSG85 / OSHA3075)	01
75	LOTO (OSHA3120 / 29CFR 1910.147 / HSG253)	01
76	Confined Space Safety (OSHA 3138)	01
77	Personal Protective Equipment PPE (OSHA3151) (29 CFR 1910.132-138)	01
78	Stairways and Ladders (OSHA3124)(29 CFR 1910.24-26)	01
79	Fall Protection (OSHA)	01
80	Respiratory Protection (OSHA3079) (29 CFR 1910.134)	01
81	SCBA (Self Contained Breathing Apparatus For Hazardous Area)	01
82	Hole Watch / Entrant	01
83	Equipment And Machine Safety (OSHA3170)	01
84	Workplace Violence in Retail Industry (HSG133 – OSHA3153)	01
85	Workplace Violence Prevention in Healthcare and Social Service (OSHA3148)	01
86	Reducing Noise in Food and Drink manufacturing (HSG232)	01
87	Fire Safety in Construction (HSG168)	01
88	Demolition Safety (OSHA3290)	01



89	Hospital Safety (OSHA)	01
90	Health and Safety in Food and Drink Manufacturing (HSG252)	01
91	Health and Safety in Engineering workshops (HSG129)	01
92	Health and Safety in Construction (HSG150)	01
93	Safety in Warehousing and Storage (HSG76)	01
94	Managing Shift Work (HSG256)	01
95	Process Safety Management (PSM)	04
96	HAZOP (Hazard Identification and Operability Studies)	03
97	PSM Leadership	02
98	Developing Process Safety Indicators (API RP 754 / HSG 254)	01
99	Failure Mode Effect Analysis (FMEA)	01
100	Process Hazard Analysis (PHA)	03
101	Consequence Analysis and Modeling	01
102	Hazardous Area Classification (AP 15)	02
103	Material Handling Equipment (Train The Trainer)	02



## Internationally Accredited Non-Technical Training Courses by SBS Australasia

Sr#	Qualification/Course Title
1	3D Presentation Skills Using PowerPoint & Flash Tools
2	Advanced MS Access 2010 with MySQL Server
3	Advanced MS Excel
4	Assertiveness Skills
5	Assertiveness Skills
6	Basics of Business English
7	Behavioral Skills for Successful Managers
8	Certified Supply Chain Manager (CSCM)
9	Computer & Internet Security Threats & Countermeasures
10	Conflict Management
11	Contracts Management
12	Creating Organizational Excellence
13	Creative Writing Skills
14	Customer Service Excellence
15	Data Analysis Techniques for Effective Decision Making
16	Developing Managerial Competencies
17	Developing Marketing Skills
18	Developing Sustainable Leadership in the Organization
19	Development Course for Managers
20	Development Course for Supervisors
21	Economics Tool and Techniques for Decision Making
22	Effective Business Forecasting for Future Planning
23	Effective Business Intelligence for Marketing & Sales
24	Effective Communication Skills
25	Effective Letters, Reports and Presentations
26	Effective Purchase Management
27	Effective Time Management
28	Effective Project Proposals
29	Effective Dangerous Goods Handling
30	Electronic Commerce as New Business Technique
31	Enhancing Leadership Skills
32	Enhancing Analytical Skills of Managers
33	Energy Management
34	Event Management Skills



	value-adding services
35	Executive Secretaries Course
36	Financial Management Course
37	How to Conduct Effective Meetings
38	How to Conduct Successful Selection Interviews
39	How to Improve Morale, Motivation and Commitment
40	Human Resource Management
41	Implementing 5S
42	Implementing Oracle 12c Data Guard
43	Improving Personal Effectiveness
44	Improving Workplace Effectiveness through Creativity & Innovation
45	Inventory Management
46	Kaizen: Tools for Continual Improvement
47	Knowledge Management & Organizational Development
48	Learn MS Office in 5 Days
40	Maintenance Management: From Breakdown Maintenance to Total
49	Productive Maintenance (TPM)
50	Management by Exception
51	Management by Objectives
52	Materials Handling and Warehousing
53	Management Course for Junior Executives
54	Negotiation Skills
55	Organizational Performance Management: Management Tools for
33	Improving Performance Indicators
56	Presentation Skills for Managers
57	Principles of Good Management
58	Problem Solving and Decision Making Skills
59	Productivity Management: Efficient Utilization of Organizational
J7	Resources (FD)
60	Project Monitoring, Control & Evaluation
61	Quality Assurance and Management
62	SAP Business One
63	Selling Competencies
64	Six Sigma: The Breakthrough Management Strategy
65	Skills in Administration
66	Skills in Goal Setting and Work Planning
67	Skills in Supervision
68	Strategic Management
69	Strategic Marketing Planning
70	Stress Management



71	Successfully Managing Multiple Projects: Effective Program and
	Portfolio Management
72	Supply Chain Management
73	Teamwork: Getting People to Work Together
74	The Art of Technical Writing & its Advantages
75	The Power of Positive Thinking
76	Training Needs Analysis
77	Training Techniques for Trainers
78	Warehousing and Logistic Security Risk Management
79	Workshop on Innovation Leadership (FD)
80	Workshop on Project Management